

This is a sample referral letter to be used in sessions for the triage team to inform case based discussions and practice use of the triage and referral guidance. We suggest that these are used in group activities with a facilitator who has experience of paediatric musculoskeletal clinical practice.

Thank you very much for seeing this lovely 10yr 8mo old boy who has been complaining of pain in his right foot for more than 6 months. It is worse at times of activity and can get better at rest. Ibuprofen helps with the pain.

There is no history of trauma or injury. He is very active in sports.

The pain involves his right heel, the right lateral aspect of this foot and the midfoot area as well. There is no swelling or redness. Mobility of the ankle joint is normal and he describes just stretching discomfort on moving the joint passively.

I wonder if this boy has Sever's disease and would appreciate if you can confirm this.

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